

FREQUENCY AND DAILY LIFE

ADVERBS OF FREQUENCY

- ◇ He thinks he is **always** right. - Ele acha que está sempre certo.
- ◇ I am **almost always** late. – Eu estou quase sempre atrasado.
- ◇ Susan **usually** meets her parents on weekends. – Susan normalmente encontra os pais aos finais de semana.
- ◇ He **regularly** walks his dog in the evenings. – Ele geralmente caminha com seu cachorro de noite.
- ◇ Bob **often** plays football. – Bob frequentemente joga futebol.

ADVERBS OF FREQUENCY

- ◇ **Sometimes**, all we need is some space. – Às vezes, tudo que precisamos é de um pouco de espaço.
- ◇ They **rarely** go to the church. – Eles raramente vão à igreja.
- ◇ Jack **almost never** exercises. – Jack quase nunca se exercita.
- ◇ I've **never** gone parachuting. – Eu nunca saltei de paraquedas.

ADVERBS OF FREQUENCY

- ◇ Note que quanto à posição do advérbio, devemos respeitar algumas regras.
- ◇ Quando o verbo da frase é o to be, o advérbio de frequência vem logo após o verbo. *Ex: He is always late*
- ◇ Quando o verbo da frase é outro que não o to be, o advérbio vem antes do verbo. *Ex: He never gets to school on time.*

EVERYDAY VERBS

- ◇ Wake up - Get up - Take a shower - Get dressed - Make breakfast - Leave home - Go to - Get to - Start to - Take a break - Have lunch - Get off - Go back to - Take a bus - Go home - Read - Have dinner - Feed the baby - Go shopping - Go grocery shopping - Work out - Clean the house - Pray - Eat - Drink - Listen to music - Do homework - Cook dinner - Call – Sleep
- ◇ Woke up - Got up – Took a shower - Got dressed - Made breakfast - Left home - Went to - Got to - Started to - Took a break - Had lunch - Got off - Went back to - Took a bus - Went home - Read - Had dinner - Fed the baby - Went shopping - Went grocery shopping - Worked out - Cleaned the house - Prayed - Ate - Drank - Listened to music - Did homework - Cooked dinner - Called – Sleeped

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DAILY ROUTINE

- ◇ Yesterday morning I woke up at 7:45. I didn't have breakfast because I was late. I went to work on foot because my car is broken. I arrived at work at 8:20 and started work at 8:30. I had lunch at noon with my co-workers. In the afternoon, I had a meeting with my boss and didn't go home until 7:15. I got home, had dinner, tried to talk to my friend, but he didn't answer the phone. After that I decided to watch a movie. After the movie, I prayed and went to bed at midnight.

DAILY ROUTINE

- ◇ Ontem de manhã eu acordei às 7:45. Não tomei café da manhã porque eu estava atrasado. Fui para o trabalho a pé porque meu carro está estragado. Cheguei ao trabalho às 8:20 e comecei a trabalhar às 8:30. Almocei ao meio dia com meus colegas de trabalho. A tarde, eu tive uma reunião com o meu chefe e só fui para casa às 7:15. Cheguei em casa, jantei, tentei falar com meu amigo, mas ele não atendeu o telefone. Depois disso eu decidi assistir um filme. Depois do filme, orei e fui para cama meia noite.

DAILY ROUTINE

- ◇ In the morning, I wake up at six, because I'm studying English classes before work. I get up and take a shower. It takes me fifteen minutes to take a shower. I have breakfast alone. I usually eat bread with cheese and ham and drink orange juice. After that, I go to class. It takes me ten minutes to get there when I go by car. After, I go to work. I have lunch at noon, finish eating lunch and go back to work. At four, I take a break to have a snack. After work, I go straight home. When I get home I make dinner, have dinner, talk to my brother, listen to music, watch TV, read a book, pray and go to bed around eleven.

DAILY ROUTINE

- ◇ De manhã eu acordo às 6:00 pois eu estou estudando inglês antes do trabalho. Eu levanto e tomo banho. Levo 15 minutos para tomar banho. Tomo café da manhã sozinho. Eu normalmente como pão com queijo e presunto e bebo suco de laranja. Depois disso, vou para a aula. Levo 10 minutos para chegar lá quando eu vou de carro. Depois eu vou para o trabalho. Eu almoço ao meio dia, termino de almoçar e volto para o trabalho. Às 4:00 eu faço uma pausa para tomar um lanche. Depois do trabalho eu vou direto para casa. Quando eu chego em casa, eu faço a janta, janto, converso com meu irmão, ouço música, assisto TV, leio um livro, oro e vou para cama lá pelas 11:00.

See you next class!